



**TREVIGLAS**  
A C A D E M Y

**WEEKLY STAFF BULLETIN**  
**Friday 21 April 2023**

**This Week's Treviglas Focus – Our well-being**

**1. A Message from the Headteacher**

We often speak about practising kindness, but how often do we consider being kind to ourselves? Many staff this week in Treviglas are contributing to our Well-Being Strategy which is being written by Paula Suttle. The following are a selection of points being considered for this strategy which aims to support all staff to contribute to being kind to themselves. These include:

- Employee Assistance Programme – our partnership with Well Being Solutions offers free, confidential support, information and advice, 24 hours a day, 365 days a year for all matters great and small at home and/or at work. They also offer financial, legal and management guidance and advice.
- Well Being Champion (Paula Suttle) will meet termly with a well-being committee to review well-being in the school and make positive suggestions on initiatives for areas where the school could further improve.
- Termly Staff Questionnaires – anonymous questionnaires are sent to staff every term to get their opinions and suggestions on every aspect of professional life at the Academy. The results are reviewed by the Headteacher and the SLT before being shared with Governors. From these discussions, action points and tweaks to practice and policy may be determined.
- Email protocol and sign-off – staff are not expected to respond to emails after hours or during the weekend. Staff should not receive or send emails after 6:00 pm or before 7:00 a.m.
- Opportunities to take part in educational trips – all staff are considered when it comes to staffing day, residential and overseas trips.

**2. Mrs Suttle – English**

The English Department are joining forces with Newquay Library to run a King's Coronation Creative Writing and Artwork Competition where the chosen few will get to have their beautiful; work displayed for the whole wider community to see.

Please encourage your tutor group to get creative with poems, artwork and creative writing to honour the Coronation celebrations.

# The King's Coronation Creative Writing Competition

Write a poem, design a poster, picture or piece of artwork, write a piece of journalism or report, whatever you like! Make sure it is presented beautifully and carefully. Hand in your finished creation to your English teacher no later than Friday 28<sup>th</sup> April



### 3. Mr Tamlyn - PHSE

Brook Deliver Contraceptives Workshop to Year 10

This week Brook returned to Treviglas Academy and worked with Year 10 on the importance of contraceptives. They spent the morning educating our students on the range of contraceptives, how they might be used and what level of protection they provide. The session also clarified what services are available to young people in Cornwall.

Working with outside agencies is important as it enriches the PSHE curriculum and ensures that our students are well prepared for life's many complicated challenges.



#### 4. Mrs Gough – Science

Science master classes will take place on Wed 26th April from 3pm till 4.15pm

You child will receive an invite through the closing the gap system, slips to tutors on Friday and invites to you through schools comms. This will include the room where their master class is taking place.

Please can you reply to [gou@treviglas.cornwall.sch.uk](mailto:gou@treviglas.cornwall.sch.uk) if your child is able to attend.

The focus of the master class will be a " how science works" the skills of planning, analysis, evaluation and conclusion across all three disciplines.

#### 5. Mr Lewis – Year 10

Milly Thompson from Year 10 travelled up to Durham last week for the English Acro Championship competition and came away with 2nd place, quite an achievement. Milly will now be heading to the Southwest National Finals next month in Fenton Manor. Milly trains 5 days a week and coaches twice a week at Kernow Gymnastics and Acro Academy.



## TREVIGLAS ACADEMY CALENDAR

### Monday 24 April 2023

8.30 am – 9.00 am	Assembly Year 10
3.15 pm – 3.30 pm	Whole Staff Briefing
3.30 pm – 4.30 pm	Staff MAT T&L Bites
3.00 pm – 7.30 pm	Post 16 Subject Evening

### Tuesday 25 April 2023

8.30 am – 9.00 am	Assembly Year 8 Guest Speaker
3.15 pm – 4.15 pm	Safeguarding Team Meeting
4.00 pm – 6.00 pm	Senior Leadership Team Meeting

### Wednesday 26 April 2023

8.30 am – 9.00 am	Assembly Fistral House
3.15 pm – 3.30 pm	Pastoral Staff Briefing
All Day	GCSE Art Exam

### Thursday 27 April 2023

8.30 am – 9.00 am	Assembly Year 9
All Day	GCSE Art Exam

Week	Date	Forthcoming Events
Future Dates	<b>Monday 1 May</b>	<b>BANK HOLIDAY</b>
	Tuesday 2 May	8.30 am – 9.00 am Assembly Year 10 Guest Speaker
	Tuesday 2 May	3.30pm-4.30 pm LT & TTL Meeting
	Wednesday 3 May	8.30 am – 9.00 am Assembly Tolcarne House
	Thursday 4 May	8.30 am – 9.00 am Assembly Year 11
	<b>Monday 8 May</b>	<b>ADDITIONAL BANK HOLIDAY</b>
	Tuesday 9 May	8.30 am – 9.00 am Assembly Year 10
	Wednesday 10 May	8.30 am – 9.00 am Assembly Year 9
	Wednesday 10 May &	GCSE French and Spanish speaking exams
	Thursday 11 May	GCSE French and Spanish speaking exams
	Thursday 11 May	8.30 am – 9.00 am Assembly Year 8
	Friday 12 May	8.30 am – 9.00 am Assembly Year 7
	Saturday 20 May &	All Weekend –
	Sunday 21 May	Duke of Edinburgh Bronze Expedition
	<b>Friday 26 May</b>	<b>Last Day of Half Term</b>
	<b>Monday 5 June</b>	<b>First Day back after Half Term</b>
	Monday 19 June	3.00 pm – 7.30 pm Year 7 subject evening
	Wednesday 28 June	9.00 am – 3.00 pm Welcome Year 7 day
	Thursday 29 June	8.30 am – 3.00 pm Sports Day for Years 7 and 9
	Thursday 29 June	9.00 am – 10.15 am Year 5 & 6 Open Mornings
	Thursday 29 June	5.00 pm – 7.00 pm Year 6/7 Parents Welcome Evening
	Friday 30 June	8.30 am – 2.00 pm Sports Day for Years 8 and 10
	Monday 3 July	3.45 pm – 5.45 pm Transition activity sessions year 6 PE, science
Thursday 6 July	3.45 pm – 5.45 pm Transition activity sessions year 6 Geography, DT	
Monday 10 July	9.00 am – 4.00 pm University Visit Year 9	
Monday 10 July	9.00 am – 10.15 am Years 5 & 6 Open Mornings	
Tuesday 11 July	9.00 am – 3.30 pm University Visit Year 9	
Tuesday 11 July	3.45 pm – 5.45 pm Transition activity sessions year 6 NFL, ICT	
Wednesday 12 July	3.45 pm – 5.45 pm Transition activity sessions year 6 music, food and meet and greet SLT from 5.15 to 5.45 for parents	
<b>Friday 21 July</b>	<b>Last Day of Term</b>	

**USEFUL INFORMATION**

School Day Timings	
<b>Tutor Time</b>	<b>8.30 am – 8.50 am</b>
<b>Lesson 1</b>	<b>8.50 am – 10.00 am</b>
<b>Lesson 2</b>	<b>10.00 am – 11.00 am</b>
<b>Break</b>	<b>11.00 am – 11.30 am</b>
<b>Lesson 3</b>	<b>11.30 am – 12.30 pm</b>
<b>Lunch</b>	<b>12.30 pm – 1.00 pm</b>
<b>Lesson 4</b>	<b>1.00 pm – 2.00 pm</b>
<b>Lesson 5</b>	<b>2.00 pm – 3.00 pm</b>

**Duty Rota**

Please note current duty rota can be found at –

Should you have any problems loading the link please copy and paste into your browser.

<https://docs.google.com/spreadsheets/d/19vZtrzWMDN0sMVXgUfoWiudCgpgYxLxN4Z2Vsb5mrUo/edit#gid=1289157887>

### **eXtra@ programme**

Please take a look at our eXtra' Programme and thank you to all staff that contribute to it. Do share these opportunities with our students. Tutors should look out for those students who they feel will benefit from attending an aspect of this programme and support them to find out how to do this.



Extra @ Programme  
Spring 2023.docx