

PSHE @ Treviglas Academy

It has been another busy and successful term at Treviglas Academy for our students in their PSHE lessons. Moreover, the close of this academic year also offers a timely opportunity to reflect on what has been a tremendous year in terms of engagement and progress among our student body.

PSHE (Personal, social, health and economic education) lessons underpin our curriculum. Our intent is to ensure that all our students leave us as kind, compassionate, ambitious and respectful citizens. Our long term curriculum plan offers students an enriching journey into a wide variety of topics that seek to equip them with the skills needed to successfully navigate the modern world. Our lessons are rich in discussion and encourage students to find their voice, while developing a clear understanding of British values such as tolerance, respect for law and order, liberty and democracy.

Last term, we were visited by expert outside agencies such as Brook and Recovery4All who worked with our students around contraception and gambling. By liaising with experts in their field we are confident that our students are provided with the best information available in a constantly evolving cultural landscape. Within lessons, our students have explored topics ranging from friendship, cancer, online safety, extremism, pornography and first aid to name just a few. These lessons are delivered by our tutor team who know their students well. They pitch lessons in a targeted way, which is only possible due to the strong relationships cultivated between tutors and their tutor groups.

Over the course of this year we have worked with a number of outside agencies who specialise in complex areas such as sex education, healthy relationships, gambling and financial responsibility, gender identity and online safety. As a school we see the enormous potential of working with outside experts as it supplements the fantastic work of our tutor team and deepens the learning journey for our students.

The NT Project worked with our year 7 students around responsible social media use and the impact this can have on self-esteem. Brook have worked with a number of year groups this year. Namely, our year 10s completed a workshop on the risks associated with accessing pornography and the impact this can have on relationships with ourselves and others. Brook have also worked with year 9s on themes associated with sexual health and body awareness. Recovery4All

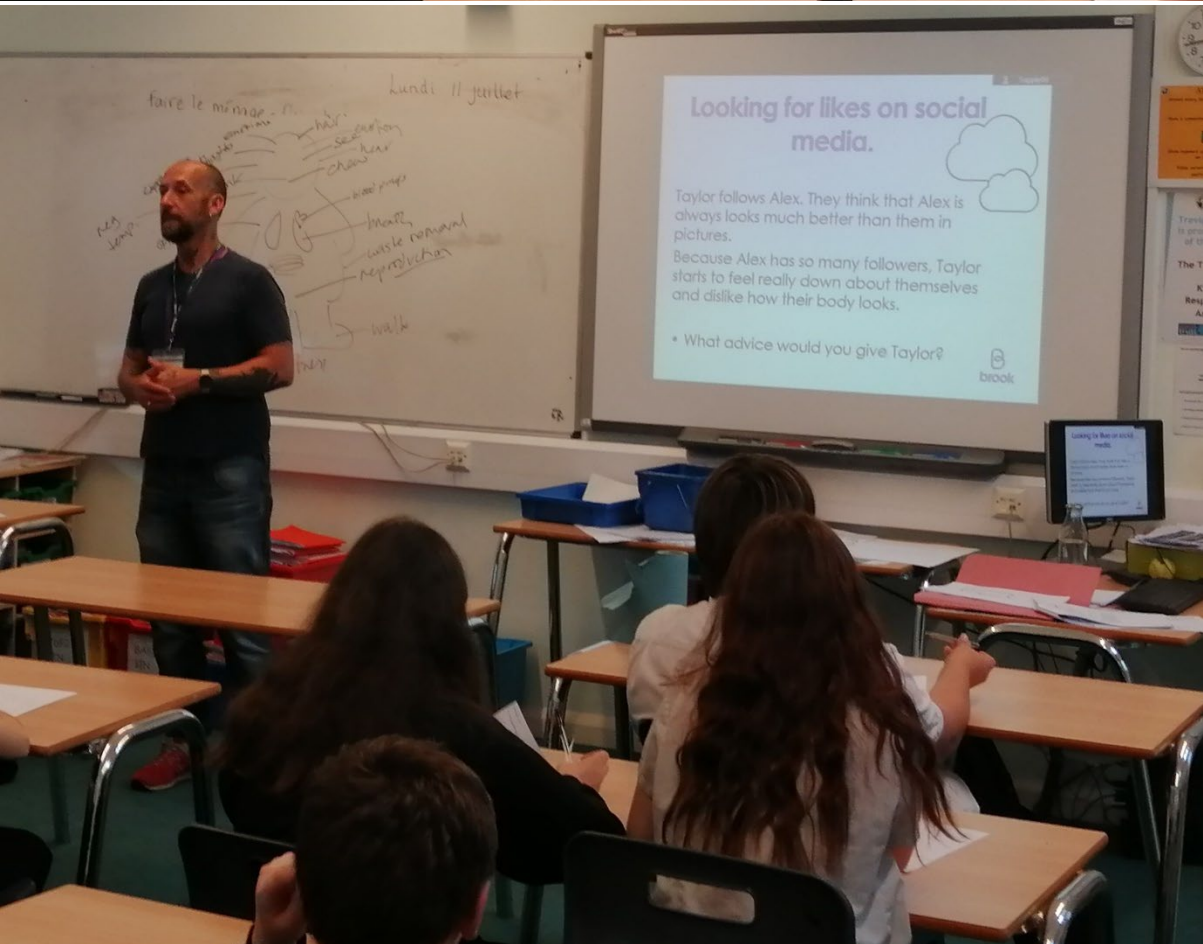
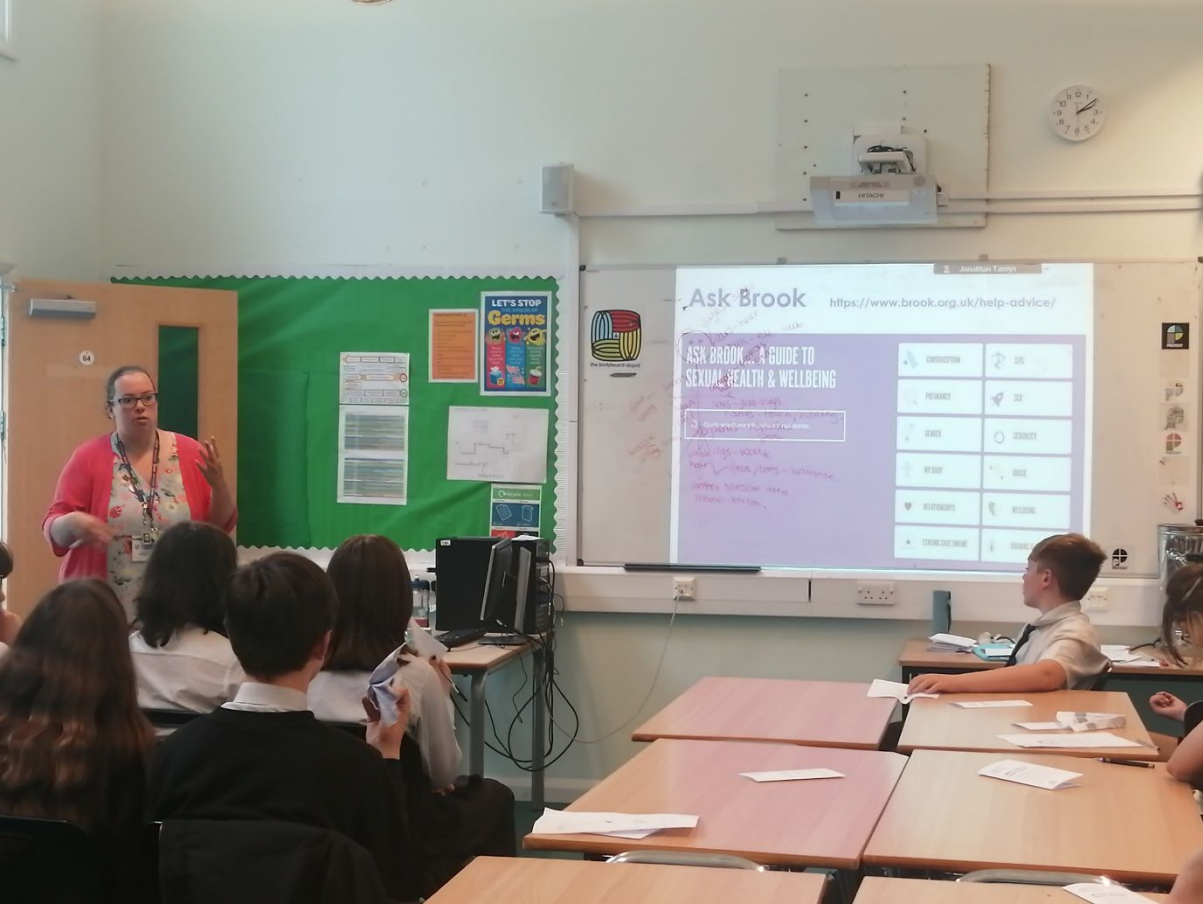
delivered lessons to our year 11s on gambling and Yzup worked with year 10s on the risks associated with drugs and alcohol.

This year also saw the launch of our first LGBTQ+ group, supported by the Intercom Trust. This is a fortnightly support group that welcome all students to come and discuss topics that are important to them with regards to LGBTQ+ themes. Recently, we also welcomed menstruation expert Tara Ghosh who worked with all female students. The purpose of these sessions was to empower girls to better understand their bodies in order to lead healthier and happier lives. Treviglas Academy is one of the very first schools selected to work with Tara and we are looking forward to further collaboration with her.

Treviglas Academy has also relaunched its Student Council this year. Each tutor group have two Tutor Reps who represent the views of their tutor group at termly meetings with school leadership. We encourage all our students to participate in these democratic forums so that the school can continually improve and fully meet the needs of our students so that they receive the very best education available. Our new Year 11 Student Leadership Team will also form an important part of this process next year.

Our PSHE curriculum roadmaps are available on our school website. We invite all parents and carers to look at these so that conversations can be had around our work in PSHE lessons. This will support our own work and lead to greater engagement in these important topics, topics that will become indispensable life lessons.

Ultimately, we aim to empower our students so that they are safe, responsible, kind and happy citizens that will positively contribute to their communities throughout their lives. Thank you very much for your ongoing support in ensuring Treviglas Academy students become the very best that they can be.





<https://www.brook.org.uk/>

<https://www.ntruth.education/>



<https://www.wearewithyou.org.uk/>

<https://www.recovery4all.co.uk/>



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